

# **XDS and Progear Bicycles.**

## **Guide to recommended maximum user weights for bicycles.**

The weight limit of a bike varies considerably, based on construction, quality and type of materials used, components used, the intended and actual use of the bike and the style of riding.

Bicycles used on paved surfaces or smooth gravel roads and paths where the wheels do not lose contact with the ground have a recommended maximum user weight of 130 kg.

For high performance road bikes with an intended use on paved surfaces and where the wheels do not lose contact with the ground a maximum user weight of 120 kg is recommended.